



GENERAL INFORMATION

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2008 SCHEDULE

Day	Date	Opponent/Event	Location	Time
Fri.	Jan. 11	OHIO STATE	College Park, Md.	7 p.m.
Fri.	Jan. 18	WEST VIRGINIA	College Park, Md.	7 p.m.
Sun.	Jan. 27	at Texas Woman's with Denver & Air Force	Denton, Texas	2 p.m.
Fri.	Feb. 1	at Governor's Cup	Towson, Md.	7 p.m.
Sat.	Feb. 9	at Michigan State	Lansing, Mich.	2 p.m.
Fri.	Feb. 15	GEORGE WASHINGTON	College Park, Md.	7 p.m.
Sun.	Feb. 24	at New Hampshire	Durham, N.H.	1 p.m.
Sat.	Mar. 1	at North Carolina with New Hampshire & William & Mary	Chapel Hill, N.C.	1 p.m.
Sun.	Mar. 9	at George Washington with West Virginia & Kent State	Washington, D.C.	3 p.m.
Sun.	Mar. 15	MICHIGAN, PITT, TEMPLE	College Park, Md.	4 p.m.
Sat.	Mar. 21	at Penn State with Nebraska & Rutgers	University Park, Pa.	7 p.m.
Fri.	Mar. 29	at EAGL Championships	Morgantown, W.Va.	4 p.m.
Sat.	Apr. 12	NCAA Regionals	TBA	TBA
Thu.-Sat.	Apr. 24-26	NCAA National Championships	Athens, Ga.	TBA

Home meets are in **BOLD CAPS** and are held in the Comcast Center Pavilion.
All times are Eastern Standard

QUICK FACTS

SCHOOL INFORMATION

Location: College Park, Md.
Founded: 1856
Enrollment: 35,102
President: Dr. C.D. Mote, Jr. (California, '59)
Athletics Director: Deborah A. Yow (Elon, '74)
Nickname: Terrapins, Terps
Colors: Red, White, Black and Gold
Affiliation: NCAA Division I
Conference: East Atlantic Gymnastics League
Home Facility: Comcast Center Pavilion (1,500)

GYMNASTICS INFORMATION

Head Coach: Bob Nelligan (Massachusetts, '72)
Nelligan's Career Record: 467-408-4 (29 seasons)
Nelligan's Record at Maryland: Same
Assistant Coach: Vicki Chliszczyk (3rd year)
Assistant Coach/Recruiting Coordinator: Brett Nelligan (5th year)
All-Time Program Record: 489-424-5 (32 years)
All-Time EAGL Record: 49-53 (12 years)
2007 Overall Record: 8-20
2007 EAGL Regular Season: 3-8
2007 EAGL Championships Finish: 8th
Letterwinners Returning/Lost: 8/3

MEDIA RELATIONS INFORMATION

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MEDIA GUIDE CREDITS

The 2008 Maryland gymnastics media guide was written by Jill Wentzel and Ann Cabiness of the Athletic Media Relations Department. Editing by Doug Dull, Michael Lipitz and Ben Dooling. Design and layout by Patrick Fischer, Publications Coordinator/Assistant Director of Media Relations. Cover design by John Schaffhauser. Photography by Greg Fiume, Lawrence French and Tony Quinn. Printing by Multi-Ad.

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Terps

THIS IS MARYLAND



1

2

27
SPORTS

1
TEAM

Gm
Gymnastics

D GYMNASTICS



FAN FRIENDLY ATMOSPHERE

1 :: The Terrapin gymnastics team enjoys spending time with fans and especially signing autographs for aspiring gymnasts at post-meet get-togethers.

TRAVELING IN STYLE

2 :: The Terp gymnastics team travels to and from meets within driving distance in style in the luxury of the University of Maryland buses.

EAGL HONORS

3 :: The Maryland gymnastics program has earned its share of conference awards since helping form the EAGL in 1995. Head coach Bob Nelligan was named the league's coach of the year in 1999 and four Terps have been named the EAGL's Outstanding Rookie Gymnast. Perhaps even more impressive is that Maryland gymnasts have been named the EAGL's Scholar Athlete of the Year four times.

TERRAPIN GYMNASTICS: IT'S NOT A PROGRAM, IT'S A FAMILY

4 :: Unity is the key to the success of a team. Maryland gymnastics is not just your average collegiate program. It's a family, from the coaching staff to the student-athletes to alumnae. Once a Terp ... Always a Terp!

THIS IS MARYLAN



Tri-Captains



Sophomores



Freshmen

27

SPORTS

1

TEAM

W
Gm

Gymnastics

GYMNASTICS



COMMUNITY SERVICE

Terrapin gymnasts give back to their community by participating in a variety of community service projects throughout the year.

DURING THE PAST FEW SEASONS THE TERPS WERE INVOLVED WITH:

- Making Strides for Breast Cancer
- Relay for Life
- "I Love to Read Week" at Bel Prep Elementary School in Silver Spring, Md.
- The Maryland Student-Athlete Advisory Council's canned food drive.
- Lance Armstrong 50-mile bike ride "Tour of Hope"
- Outback 5km walk
- Big Brother/Big Sister fundraiser
- Inauguration of new health program at HLHP
- "Motion Lessons" to Grade 1 students at Capitol Hill Elementary



SEASON OUTLOOK

TERPS LOOK TO YOUNG TALENT FOR UPCOMING SEASON

The 2008 season is head coach Bob Nelligan's 30th at the helm of the gymnastics program.

"We have the depth and leadership to go far this season" says Coach Nelligan. "Athletic Department support and expectations are at an all time high and we couldn't foresee a better situation than what we currently have. What an opportunity to make our mark. The time is now; the athletes know it and the coaches feel the excitement."

The 2008 squad is comprised of two seniors, one junior, six sophomores, and five freshmen. Tri-captains **Gretchen Kittelberger**, **Lindsey Bonomo** and **Kelsey Nelligan** are poised to lead this young team back to a Regional birth. "As captains and the only upper classmen on a relatively young team, we are really focusing on setting a standard of excellence this year for the team to live up to. With the talent we have, we expect to have a very successful season culminating in a strong showing at Regionals that puts us in contention for the National Championships."

Kittelberger, a senior, received the EAGL Scholar-Athlete of the Year award last season and was named to the EAGL All-Academic team. She was named most improved by her coaches as she emerged to compete in the all-around once again. Bonomo, also a senior, earned EAGL All-Academic honors while competing on the vault in 11 meets. She also saw action on the floor exercise and can always be counted on to compete in any event when needed.

Nelligan did not see action last year but trained vault and received "Team Mom" award at team banquet for taking good care of the six freshmen. The junior was also named to the EAGL All-Academic team.

All six freshmen from last year's team return this season as sophomores. Reigning EAGL Rookie of the Year, **Brandi George** had a stellar freshman season. She qualified individually to the 2007 NCAA Southeast Regional Championships in the all-around, was named to first team All-EAGL in the balance beam, floor exercise and all-around events and also earned second team All-EAGL honors on the vault. In addition, George was selected as the EAGL Rookie of the Week twice.

Talia Tossone qualified to the NCAA Southeast Regional Championship on the balance beam last season as well as receiving second team All-EAGL honors on the balance beam. She saw action in nine meets on floor and will be looked up this season once again.

Allison Dama earned second team All-EAGL on the uneven bars and competed in the anchor position at all meets. She scored a 9.725 or better eight times. Dama was also named to the EAGL All-Academic team. She is expected to see action on other events this season.

Candice King scored the Terps' only 9.900 of the season on Feb. 8 against George Washington competing on the vault. She was named EAGL Specialist of the Week once and competed on vault and uneven bars in all meets. **Michele Brenner** competed on the uneven bars, balance beam and floor exercise in all 12 meets. Her highest score on the season was a 9.825 on the beam. Brenner was named to the 2007 EAGL All-Academic team. **Margaux Meeks** competed on the vault and uneven bars in the first seven meets before suffering an injury. She was named the EAGL All-Academic team.

Maryland's freshman class consists of **Abigail Adams** (Spring, Texas), **Kaitlin Joseph** (Grand Rapids, Mich.), **Kelsey McDermid** (Woodbine, Md.), **Alyssa Valbert** (Naperville, Ill.), red-shirt freshman transfer **Lisa Reifschneider** (Monrovia, Md.). Adams is a two-year



BRANDI GEORGE



TALIA TOSSONE



LISA REIFSCHNEIDER

U.S. International Elite competitor and trained at Cypress Gymnastics Academy in Houston, Texas. Joseph is a four-time Junior Olympic National qualifier and trained at US Airborne in Grand Rapids, Mich. McDermid is a member of Hill's Gymnastics Club in Gaithersburg, Md and has been coached by Olympic coaches Kelli Hill, Jen Bundy, Kirk Morris and Cynthia Smaha. Valbert is a two-time Junior Olympic National qualifier and trained at Arena Gymnastics in Joliet, Ill. under coach Dan Miller. Reifschneider, a transfer, was a top recruit for Maryland in 2006, but elected to go to Denver. She was a member of Frederick Gymnastics in Frederick, Md.

Nelligan's assistants balance out the team. "Vicki and Brett are both great technicians and are important to the success of this program."

Assistant coach Vicki Chlischczyk returns for her third season after directing the Terps on beam last season. In addition to primarily coaching beam, Vicki assists on all events as well as routine construction. Her spotting abilities also have been a tremendous asset to the staff.

Brett Nelligan returns for his fifth season as an assistant coach and second as recruiting coordinator. Nelligan's main duties include coaching vault and tumbling and he's also relied on for spotting. As recruiting coordinator, Brett was responsible for hitting the road this summer in search of securing another top-notch freshman class for the Terps' 2008-09 season.

"Recruiting has become the biggest single factor in evaluating the growth and ultimately the success of a program," describes head coach Bob Nelligan. "For the second year in a row, my staff and I have been able to secure one of the best recruiting classes in the country."

Maryland will begin the 2008 season with two meets at home. The Terps will host Ohio State on January 11 and West Virginia on January 18.

After their home opener, the team hits the road for six of the next seven meets. On January 27, Maryland travels to Texas Women's University for a quad meet joined by Denver and Air Force.

Maryland next travels to Towson to compete in the thirteenth annual Governor's Cup on February 1. This competition between schools from Maryland and North Carolina features Maryland, Towson, North Carolina and NC State. The state of North Carolina has a 7-5 lead in the series.

The Terps then travel to Michigan State on February 9 before returning home on February 15.

Maryland hosts local rival George Washington when it returns home. This is the "Pink Meet" and is dedicated to raising donations and understanding for breast cancer research. Everyone is encouraged to wear pink.

The Terps go back on the road to New Hampshire on February 24. The ladies travel to the University of North Carolina for a quad meet on March 1 with William and Mary and the University of New Hampshire. On March 9, Maryland travels to George Washington for a quad meet with West Virginia and Kent State.

Maryland's final home meet will be a quad meet with Michigan, Pitt and Temple. March 15 will be alumni and senior recognition night as well. The regular season ends at Penn State in a quad meet with Nebraska and Rutgers on March 29.

Following the completion of the regular season Maryland will travel to West Virginia for the EAGL Championships. Following this the Terps look to compete at one of the six NCAA Regional Championship sites on April 12 and then advance to the NCAA Championships at the University of Georgia on April 24-26.



ROSTER INFORMATION

Name	Hgt.	Event	Class	Hometown (High School)
Abbey Adams	5-3	All-Around	Fr.	Spring, Texas (Klein)
Lindsey Bonomo	5-1	All-Around	Sr.	Bel Air, Md. (Bel Air)
Michele Brenner	5-1	All-Around	So.	New City, N.Y (Clarkstown)
Allison Dama	5-2	All-Around	So.	Lansing, Mich. (JW Sexton)
Brandi George	5-3	All-Around	So.	Orlando, Fla. (William R. Boone)
Kaitlin Joseph	5-1	All-Around	Fr.	Grand Rapids, Mich. (Forest Hills Northern)
Candice King	5-7	All-Around	So.	Plano, Texas (Spring Creek Academy)
Gretchen Kittelberger	5-1	All-Around	Sr.	Webster, N.Y. (Webster Schroeder)
Kelsey McDermid	5-4	All-Around	Fr.	Woodbine, Md. (Glenelg)
Margaux Meeks	5-4	All-Around	So.	Winter Garden, Fla. (Dr. Phillips)
Kelsey Nelligan	5-1	All-Around	Jr.	College Park, Md. (Eleanor Roosevelt)
Lisa Reifschneider	5-1	All-Around	R-Fr.	Monrovia, Md. (Urbana)
Talia Tossone	4-10	All-Around	So.	Virginia Beach, Va. (Kellam)
Alyssa Valbert	5-1	All-Around	Fr.	Naperville, Ill. (Neuqua Valley)

COACHING STAFF:

Head Coach: Bob Nelligan (30th year)

Assistant Coach: Vicki Chlisczyk (3rd year)

Assistant Coach/ Recruiting Coordinator: Brett Nelligan (5th year)

TERPS BY CLASS:

Seniors (2): Lindsey Bonomo, Gretchen Kittelberger

Juniors (1): Kelsey Nelligan

Sophomores (6): Michele Brenner, Allison Dama, Brandi George, Candice King, Margaux Meeks, Talia Tossone

Freshmen (5): Abbey Adams, Kaitlin Joseph, Kelsey McDermid, Lisa Reifschneider, Alyssa Valbert

TERPS BY STATE:

Florida (2): Brandi George, Margaux Meeks

Illinois (1): Alyssa Valbert

Maryland (4): Lindsey Bonomo, Kelsey McDermid, Kelsey Nelligan, Lisa Reifschneider

Michigan (2): Allison Dama, Kaitlin Joseph

New York (2): Michele Brenner, Gretchen Kittelberger

Virginia (1): Talia Tossone

Texas (2): Abbey Adams, Candice King

PRONUNCIATION GUIDE:

Vicki Chlisczyk: kuh-LIZ-chick

Margaux Meeks: Mar-GO

Lisa Reifschneider: REEF-schnide-er

Talia Tossone: Tuh-SONE



Abbey Adams
5-3 • All-Around • Fr.
Spring, Texas



Lindsey Bonomo
5-1 • All-Around • Sr.
Bel Air, Md.



Michele Brenner
5-1 • All-Around • So.
New City, N.Y.



Allison Dama
5-2 • All-Around • So.
Lansing, Mich.



Brandi George
5-3 • All-Around • So.
Orlando, Fla.



Kaitlin Joseph
5-1 • All-Around • Fr.
Grand Rapids, Mich.



Candice King
5-7 • All-Around • So.
Plano, Texas



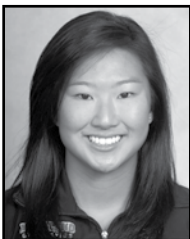
Gretchen Kittelberger
5-1 • All-Around • Sr.
Webster, N.Y.



Kelsey McDermid
5-4 • All-Around • Fr.
Woodbine, Md.



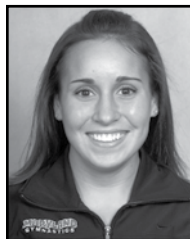
Margaux Meeks
5-4 • All-Around • So.
Winter Garden, Fla.



Kelsey Nelligan
5-1 • All-Around • Jr.
College Park, Md.



Lisa Reifschneider
5-1 • All-Around • R-Fr.
Monrovia, Md.



Talia Tossone
4-10 • All-Around • So.
Virginia Beach, Va.



Alyssa Valbert
5-1 • All-Around • Fr.
Naperville, Ill.



Bob Nelligan
Head Coach
30th year

